

LUNCH

JACKET POTATO

All served with a side salad and butter.

FILLINGS:

- V** **CHEDDAR CHEESE & BEANS** **GF** £6.99
- GF** **TUNA MAYONNAISE** £6.99
- GF** **BACON MUSHROOM & CHEDDAR** £7.25
- BEEF CHILLI & GARLIC BREAD** £7.95
- GF** **PRAWN MARIE ROSE** £7.25
- V** **CHEDDAR CHEESE & CREAMY COLESLAW** **GF** £6.99

SALADS

HAM SALAD £7.95
Four slices of ham, pork pie, sweet pickle, pickled onions, mixed salad and crisps served with one slice of white or granary bread and butter.

V **CHEESE SALAD** **GF** £7.95
Cheddar cheese, Somerset brie, cranberry sauce, sultana & walnut coleslaw and crisps served with one slice of white or granary bread and butter.

GF **PRAWN SALAD** £7.25
Prawns in Marie Rose sauce, creamy coleslaw and crisps served with one slice of white or granary bread and butter.

TUNA SALAD £6.50
GF Tuna mayonnaise, creamy coleslaw and crisps, served with one slice of white or granary bread and butter.

LIGHT LUNCHES

V **QUICHE WITH SIDE SALAD & CREAMY COLESLAW** £5.95
Cheese & Tomato or Cheese & Onion.
(Gluten Free Option)

V **QUICHE WITH JACKET POTATO, SALAD & CREAMY COLESLAW** £8.95
Cheese & Tomato or Cheese & Onion.
(Gluten Free Option)

BEEF LASAGNE £8.95
Served with a side salad and two slices of garlic bread.

V **VEGETABLE LASAGNE** £8.95
Served with a side salad and two slices of garlic bread.

V **SOMERSET BRIE & BEETROOT TART** £8.95
Served with a salad and creamy walnut & sultana coleslaw.

V **MUSHROOM STROGANOFF** **GF** £7.95
Served with basmati rice.

V **EXTRA SLICE OF GARLIC BREAD** £0.60

SOUP OF THE DAY

Served with white or granary bread. £4.95

SOUP OF THE DAY WITH SANDWICH £7.95
Choice of ham & tomato or cheddar & pickle on white or granary bread.

(GLUTEN FREE BREAD AVAILABLE ON REQUEST)

LUNCH EXTRAS

Choose from:

- V** Side salad £2.50
- V** One slice of bread and butter £1.00
- V** Two slices of garlic bread £1.20
- V** Extra cheese £1.00
- V** Extra beans £0.80
- V** Extra coleslaw £1.00
- V** Extra pickle £0.60

LIGHT LUNCH

SANDWICHES & BAGUETTES

£6.50

All served with a side salad and crisps. Sandwiches in your choice of white or granary bread.

FILLINGS:

- GF** **CHEDDAR & HAM**
- V** **EGG & MAYONNAISE** **GF**
- V** **BRIE & CRANBERRY** **GF**
- GF** **TUNA MAYONNAISE & CUCUMBER**
- V** **CHEDDAR CHEESE & CHILLI JAM** **GF**
- GF** **PRAWN MARIE ROSE**

PANINIS & TOASTED SANDWICHES

£6.75

All served with a side salad, coleslaw. Sandwiches in your choice of white or granary bread.

FILLINGS:

- TUNA & CHEDDAR MELT**
- V** **BRIE & BACON**
- HAM & CHEDDAR**
- V** **BRIE & CRANBERRY**
- V** **CHEDDAR CHEESE & TOMATO**

AFTERNOON TEA

2pm – 4pm daily

£12.50 PER PERSON

Enjoy a selection of traditional sandwiches served with a salad garnish.

Fruit scone, strawberry preserves and clotted cream.

A selection of sweet bakes, mini trifle and fresh fruit.

Served with a choice of Dammann tea or Americano coffee.

Drink upgrades are available.

*Gluten free and vegetarian options available (pre booking is requested).

SANDWICH FILLINGS:

- GF** **EGG AND MAYONNAISE** / **GF** **HAM AND TOMATO** / **CHEDDAR CHEESE AND PICKLE** / **GF** **BRIE AND CRANBERRY SAUCE** / **GF** **PRAWN MARIE ROSE**

SAVOURY AFTERNOON TEA

Enjoy a selection of traditional sandwiches, Cheddar cheese and pickle or ham and tomato, mini pork pie, slice of quiche, Scotch egg served with sweet pickle, pickled onion and crisps. Cheese scone and butter.

CHILDREN'S MENU

LUNCH BAG £4.50

Choice of sandwich on white or granary bread

Choice of sandwich on white or granary bread. Ham, cheese or strawberry jam (Gluten Free Bread Available)

Bag contains Fruit Shoot, Freddo, Pom Bears and Yogurt

Spaghetti Bolognese with Cheddar Cheese £5.25

Sausage Roll & Heinz Baked Beans £2.80

V **Tomato & mascapone pasta and garlic bread** £4.25

Jacket potato with choice of filling: £4.50

Tuna, Cheddar cheese or Heinz Baked Beans

All served with a Fruit Shoot or Water

DRINKS

Served all day

HOT DRINKS

AMERICANO

A medium roasted coffee from Illy with an intense flavour.

Regular £2.50
Large £2.85

CAPPUCCINO

Regular £2.80
Large £3.10

LATTE

Regular £2.80
Large £3.10

MOCHA

Regular £2.95
Large £3.45

FLAT WHITE

£2.80

ESPRESSO

Single £1.95
Double £2.50

EXTRAS

Extra shot with any coffee £0.60
Syrups: Vanilla, hazelnut or caramel £0.70

POT OF DEMMANN

BREAKFAST TEA £2.20
Blend of Ceylong, Darjeeling and Assam Breakfast.

POT OF DECAFFEINATED TEA

£2.20

POT OF SPECIALTY TEA

£2.50
The Earl, Simply Senca Green Tea, Super Fruity, Camomile, Peppermint and Lemon and Ginger

HOT CHOCOLATE

Regular £2.75
Large £3.25

DELUXE ASPEN HOT CHOCOLATE

With whipped cream, marshmallows and Cadbury flake. £3.50

Soya milk and skimmed milk available on request at no extra cost.

COLD DRINKS

HARROGATE WATER

£1.75
Still or sparkling 330ml.

FRANKLIN & SONS

£2.50
Apple & rhubarb, gingerbeer, lemonade & elderflower.

COCA COLA/DIET COKE

£2.00
Glass bottle 330ml.

BELVOIR

£2.50
Raspberry & Lemonade 250ml.

BOTTLEGREEN

£2.50
Cox's apple pressé.

ORANGINA 250ml.

£2.25

GLASS OF APPLE JUICE

£1.00

CHEEKY MOO SHAKES

VANILLA

£3.25
Vanilla fat free frozen yogurt.

STRAWBERRY WHIP

£3.25
Vanilla frozen yogurt with real strawberries.

BANANA

£3.25
Vanilla frozen yogurt with real banana.

CHOC CHIP

£3.25
Chocolate ice cream with chocolate chips.

SMOOTHIES

STRAWBERRY DELIGHT

£3.50
Strawberry, peach and papaya.

RASPBERRY HEAVEN

£3.50
Raspberry, blueberry, mango and apple.

RED WINE

SANTIAGO CHILE

£3.50
13% abv, 187ml
Santiago embodies all that is great about Chilean wine purity of fruit. Vitality and vibrancy.

WHITE WINE

PINOT GRIGIO SCILIA

£3.50
12.5% abv, 187ml
Ripe citrus and green apple fruits supported by fine acidity.

BUBBLES

ITALIA PROSECCO

£4.50
200ml
Fresh and gentle, fruity fizz from north east Italy, with citrus and green apple aromas.

LAGER

PERONI

£2.99
5.1% abv, 330ml

BEER

POTBELLY BREWERY PIGS DO FLY

£4.20
4.4% abv, 500ml

CIDER

SAXBY'S ORIGINAL CIDER

£4.20
5% abv, 500ml

SAXBY'S STRAWBERRY CIDER

£4.20
3.8% abv, 500ml

CHILDREN'S DRINKS

BABY CHINO £1.00 ASPENS MINI DELUXE CHOCOLATE £2.00

FRUIT SHOOT £1.75 with marshmallows, cream, Cadbury flake

STRAWBERRY & RASPBERRY OR ORANGE & PINEAPPLE. STILL WATER £1.00

330ml.

SWEET TREATS

Served all day

CAKES

From £2.25

A selection of traditional sponge cakes, slices and tray bakes.
Gluten free and vegan also available.

FRUIT SCONES

Served with butter £2.50
Served with butter and jam £2.80
Gluten free available on request.

ASPEN CREAM TEA

£4.50

A fruit scone, jam and clotted cream, served with Dammann tea or Americano coffee.
Drink upgrades available on request.

V Suitable for Vegetarians **GF** Gluten Free

Please always inform your server of any allergies before placing your order, as not all ingredients can be listed. Detailed allergen information is available upon request. We cannot guarantee the total absence of allergens in our dishes. If you're looking for gluten free or vegetarian options, please ask us for advice.

WELCOME TO THE ASPEN CAFÉ

A new name, a new look and a new menu but the same high level of service and quality food you have come to expect from Bosworth's.

OUR MENU

We use high quality food from local suppliers and know the provenance of every ingredient where possible. Our suppliers include Hambletons Bakers in Oakham, Market Square Bakery in Higham Ferrers, Pot Belly Brewery in Kettering and Saxbys Cider in Wellingborough.